

# smile

Kids need healthy smiles to succeed in school & life!

## Establish healthy habits while they are young:

- Bring kids to the dentist for a check-up twice a year after they reach age one
- Schedule a Kindergarten Oral Health Screening
- Help your kids brush and floss until they are old enough to tie their own shoes
- Limit sweets and sugary drinks, including 100% juice
- Call to see if you qualify for Medi-Cal / Healthy Kids: 831-454-2515

## Dientes accepts:

- Medi-Cal
- Healthy Kids
- Cash on a sliding scale for the uninsured
- Care Credit (financing)

## Make an appointment:



### Main Clinic

1830 Commercial Way  
Santa Cruz, CA 95065  
**831-464-5409 | Mon - Sat**

### Watsonville Clinic

1430 Freedom Blvd., Suite C  
Watsonville, CA 95076  
**831-621-2560 | Mon - Fri**